Jungian Psychology with Art Therapy (Special Purpose Award, Level 8)

Jungian Psychology with Art Therapy

This programme mixes experiential with the theoretical in a venture that combines Jungian Psychology with Art Therapy. By using methods such as art-making, journaling and dream interpretation we engage creatively with psyche in a journey that promises to be both fascinating and educational. Through experiential learning, the participant will get to know Jung’s model of the psyche, some post-Jungian developments and how to apply such insights in everyday life. For those in the healing professions, the programme should enrich and enliven their existing skills. The Jungian approach is also especially suited to those with an artistic streak and also for practicing artists seeking to discover new ways of creative working. The programme is aimed at those interested in exploring psyche and creativity. It should also be of especial interest for those either in the arts and/or healing professions (psychotherapists, creative therapists, counsellors etc.). Note that a background in arts is not required.

Aims

- Ability to apply an understanding of key concepts of Jung’s model of the psyche to oneself and within a group setting.
- Appreciate art therapy processes and methods, based on experiential and context based learning.
- Articulate creative, analytic and critical insight into personal process by means of written work such as an essay (that includes personal images), and in terms of group dialogue by means of a virtual discussion forum.
- Demonstrate literacy in image interpretation and critically discuss creative expression and artmaking as healing, as applied to key Jungian concepts.

The Trainers

Jungian Psychology trainers include Benig Mauger, Carol Cunningham, Marian Dunlea, Jasbinder Garnermann, Ursula Shields-Huemer, Steve Myers, Aileen Young and Mathew Mather. Art Therapist is Lyn Mather. Benig is a Jungian psychotherapist, a writer, lecturer and pioneer in pre- and perinatal psychology (her latest book is Love in a Time of Broken Heart – Healing from Within). Carol is a Jungian analyst in private practice in Co Kildare. With an academic background in music and musicology, she enjoys working and teaching with image and fairytale. Marian is a Jungian analyst and core faculty member of the Marion Woodman Foundation. She is author of BodyDreamingTM (Routledge 2019) and works with the psyche and soma interface and facilitates groups internationally, working with BodyDreamingTM, mask, myth, and the Celtic seasonal cycle. Ursula is a Jungian analyst, a psychotherapist and supervisor with a private practice in Galway. Her academic background is in literature, cultural studies and history; she has lectured at Austrian, American and Irish universities. Steve Myers has a MA in Jungian and Post-Jungian studies, a PhD in Psychoanalytic Studies, and is author of Myers-Briggs typology vs Jungian Individuation (Routledge 2019). He has also used typology in commercial applications since the early 1990s. Aileen Young is a Jungian Analyst who works in private practice in north county Dublin. She has given lectures on Jungian topics on several training courses in Dublin. She is the President of the Irish Society of Jungian Analysts. Mathew (course director) has a PhD in Jung and Alchemy from the University of
Essex, and is author of *The Alchemical Mercurius: esoteric symbol of Jung’s life and works* (Routledge 2014). Lyn has a background in art and arts facilitation and is a practicing art therapist. She utilizes Jungian theory in her approach to art therapy.

**Content - What Subjects will I study?**

**Outline for 2019-2020 (subject to change)**

- Jung & Art Therapy (Lyn, Mathew) Fri 27/09/2019
- Model of the Psyche (Benig) Sat 28/09/2019
- Persona, Shadow, Anima/Animus, Self (Aileen) Fri 25/10/2019
- Typology (Steve) Fri 22/11/2019
- Synchronicity (Mathew) Fri 13/12/2019
- Dream & Image Interpretation I (Jasbinder) Fri 07/02/2020
- Dream & Image Interpretation II (Marian) Sat 08/02/2020
- Fairy Tale Interpretation I (Carol) Fri 21/02/2020
- Fairy Tale Interpretation II (Ursula) Sat 22/02/2020
- Alchemy and Individuation (Mathew) Fri 13/03/2020
- Art & Psyche symposium (invited guests) Fri 17/04/2020
- Presentations/seminar I (Lyn, Mathew) Fri 08/05/2020
- Instructor led art therapy sessions on most days from 9:30 – 11:15; feedback sessions 4:15 – 5pm.

Note: subject to demand, another course will run over the Summer of 2020, from June – August.

**Entry Requirements**

Entry requirements: a primary degree in any discipline (mature applicants without a primary degree but with appropriate life experience, interest and ability may be considered). Candidates are required to complete an application form, submit a sample of writing and attend an interview. Closing date for applications 6th September 2019. Please note that the maximum number of places is 16 on each cohort and are offered on a first come first served basis to suitable applicants. Should the number of applications exceed available places a waiting list will be established (based on the date of receipt of the application) and places will then be offered in the event of cancellations/deferrals.

**Assessment/Examinations**

Coursework includes art-making, journaling, reading, writing and presenting. Assessment will be based on an essay, contribution toward online discussions and a presentation.

**Qualification**

Certificate in Jungian Psychology with Art Therapy (Special Purpose Award, Level 8, 10 Credits).

**Award:** Certificate in Jungian Psychology with Art Therapy (Special Purpose Award, Level 8, 10 Credits).

**Department:** Art & Design

**Campus:** LSAD Clare St.

**Level:** 8

**Duration:** 12 Days

This is an 12 day programme. Course days take place on 9 Fridays and 3 Saturdays. Start time is
9:30 and end time is 17:00 on all days. Course is scheduled to commence on Friday 27th September 2019.

**Course Location:** LSAD Clare Street, Limerick  
**Application Deadline:** 6th September 2019

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**Course Fees:**

The fee for this programme is €1,350, which will include a course book and art materials.

**Contact:**

**For Course Related Enquiries Contact:**  
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**All other queries:**  
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